



Praying & Fasting Together as a Church

Acts 13:1-5

Bobby Harrington

January 11th, 2026

1. What are your favorite foods and why? What has been your experience when you have chosen to skip one or meals in the past to fast and pray?

2. Read and Re-read Acts 13:1-5. What stands out to you and why from this passage and/or from the sermon?

4. What do you plan to do during the church wide fast? Do you plan to attend Tuesday nights Prayer Encounter (6-7pm in the Auditorium) or the Friday night of prayer (23rd)?

5. In Acts 13 they were praying when God called them to send out Paul and Barnabus and then they fasted and prayed again before the church sent them out. In your personal opinion, why did they fast and pray a second time? Have you ever fasted and prayed with someone before they were sent out on mission work? Could you see the success of their mission afterward? What do these verses suggest about the importance of outreach in the midst of fasting and prayer for other meaningful activities?

6. What specifically can our group do to help each other really focus our fast on praying for the new elders who will be appointed at the end of the fast (Brad, Joe Dan, and Austin) and for a future successor to Bobby (when he plans to retire in the summer of 2028)?

7. How does recognizing the Holy Spirit as the primary sender change the way you think about obedience, risk, and mission in your own life? What can you do differently because of this teaching? How can we all maximize the benefits of our fast?

Reminders:

- Women's Wednesday begins January 28 and runs through March 25. Both the AM and PM session will be studying *Living Whole: A Study Through the Life of Joseph* by Julie Gariss. You can register and purchase the book through the link here, or on the church website. Childcare will be available.

<https://harpethcc.elvanto.net/form/381ecc49-3d5b-4cf4-8e94-967014afeeba>

- Men's Winter Study: A Study in the Book of Ephesians: Living Out Our Identity in Christ: The Christians' Spirit-Filled Walk in Grace. Join us Wednesdays from 9:30am-11am in the Student Center.
- 14-Day Church Wide Fast: Our **Churchwide Fast** will begin on Monday, January 12th and end on Sunday, January 25th. We hope you will join us!