



Be filled, Bear Fruit, Don't Quench

Acts 2:38-29 & Acts 4:8-10

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1. What comes to your mind when you hear the phrase "filled with the Holy Spirit"?
2. How might you explain the difference between receiving the Holy Spirit as seen in Acts 2:38-29, and being filled with the Holy Spirit, as seen in Acts 4:8-10?
3. If you feel comfortable, share a situation with the group describing a time when you were empowered by the Holy Spirit to do something you were reluctant or at first unwilling to do. It could also be a time when the Holy Spirit protected you from saying or doing something.
4. Read Galatians 5:16-26. Each of the fruits of the Spirit are listed below. Take a few minutes and discuss additions to each description:
 - LOVE—denying self in order to care for others.
 - JOY—deep contentment in God's goodness, even in hardship.
 - PEACE—calming presence of God and relational peace with others.
 - PATIENCE—delaying anger; extending grace while others grow
 - KINDNESS—compassion and mercy, especially to those who we may feel are undeserving.
 - GOODNESS—living in alignment with God's goodness. Choosing what is right.
 - FAITHFULNESS—deep trust in God and loyal obedience to his ways
 - SELF CONTROL—restraining desires of the flesh; choosing what honors God
5. Which fruits can you see the Spirit growing in you right now and what is the evidence? Which fruits have been a struggle for you and what do you see as the cause?
6. Below are some ways that we can resist or quench the Holy Spirit. Take a few moments as a group and add to the list. Are there any of these which you struggle with more than others? What would you say is the cause for the struggle?
 - Resist his leading in decision making
 - Ignore conviction (live according to the flesh)
 - Ignore prayer and time in God's Word

NOW WHAT? This week: Spend time in prayer every day, specifically acknowledging the Holy Spirit's filling presence. Ask to be filled with boldness and wisdom. Surrender your own will and acknowledge the transforming power of the Holy Spirit. Express your desire to have the fruits of the Spirit on full display in your life. Recognize the areas where you fall short and bring them before God. Confess and trust that by the power of the Spirit, you are being made to look more like Jesus. Take time during your day to be still and listen for the leading of the Holy Spirit. When you are led, don't resist. Share with others about how you're being led. Seek wisdom. Ask for prayer from those in this group.

Reminders:

- Save the date and your lunch plans on November 9th for the Student Ministry Fundraiser! Come enjoy homemade BBQ with all the fixings! Click the link to learn more!
<https://harpethcc.com/event/student-ministry-fundraiser/>
- We have two great groups to help you connect and grow in community! Young Adults (18–mid-20s) meet Thursdays from 7–9pm in the Student Center. Young Professionals (mid-20s–early 30s) meet Sunday evenings in Brentwood. Click below to learn more and get connected!
<https://harpethcc.elvanto.net/form/cfe0e023-9187-4302-9480-642da3889c11>