



Group Discussion Guide
Psalm 118
November 22, 2020

1. Have everyone in the group share and give a personal update: “what is something good in your life right now, for which you are thankful?”
2. Read and comment on how you would like to apply the following two texts in your life:
1 Thessalonians 5:16-18 Rejoice always, pray continually, give thanks in all circumstances; for this is God’s will for you in Christ Jesus.
Philippians 4:8 Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.
3. Read all of **Psalm 118**.
4. What elements of praising and thanking God stand out to you from this chapter? Why?
5. Why do you think God teaches us to be thankful? What are the benefits to us that come from being thankful? Explain?
6. What can you do this week – as a point of emphasis – to be thankful and express thankfulness?
7. What are some ideas that we can all regularly practice to help us – in a world full of negative news and challenges – to be continually thankful?
8. Close in prayer. How can we pray for each other this week?