



Worship and the Renewal of the Mind – Romans 12:2

JP Robinson

March 23rd, 2025

1. Our church-wide fast begins this Thursday. Take a few minutes to discuss the following:
 - a. How are you feeling about the upcoming 21 days?
 - b. Have you decided what your fast will be?
 - c. What are you hoping for/focusing on during the fast? (Have someone in the group write these things down. Revisit them each week as you begin your meeting).
2. Read Romans 12:2 twice (using two different translations if possible). How would you describe “the pattern of this world”?
3. List some examples of the pattern of this world, both the obvious and subtle, and discuss the lies associated with each.
4. JP shared some testimonies of HCC members who have struggled with the enemy’s lies. Were there any that you relate to? Which of these tactics of deception have been or are currently a struggle for you?
 - a. The strategy of distraction
 - b. The power of lies and false identity
 - c. The chains of fear and anxiety
 - d. The false gospel of legalism or license (permission)

After each person shares, take a moment to offer a prayer of thanksgiving (victory over) or supplication (current struggle).

5. Read 1 Corinthians 2:14-16 and Romans 8:5-6. In what ways is the Holy Spirit involved with the renewing of our minds? How have you experienced this in your own life?
6. PRAYER POINT: Discuss some practices that you’ll implement as a way to renew your mind during this 21-day fast (each minute, hour, and day)? Spend a few minutes in a silent prayer, focusing on the desire to be surrendered and renewed. After a few minutes, have a volunteer close the group by reading the following prayer:

Gracious Father, You are our Lord, and we submit ourselves fully to Your ways. You have called us to this time of fasting and prayer, but we confess that our minds can sometimes feel divided. We know You have directed us to fast, yet we can allow ourselves to believe the lie that we’re not capable of following through. Lord, strengthen our faith where we struggle with disbelief. Help us to honor You in this fast and guide us to a focus that aligns with Your will for us and Your kingdom. Please pour out Your courage upon us and bless this time of fasting and prayer. In Jesus’ name we pray, amen.

Reminders:

- **The Churchwide Prayer & Fasting will be starting this Thursdays, March 27th and going through April 17th.** To support you on this journey, we’ve prepared a daily devotional book filled with guidance, encouragement, and Scripture to help you stay focused and grow spiritually during this time.
- Easter is just around the corner! Mark your calendar for our **Good Friday Service on April 18th, from 6:30–8:00 PM.** Then, join us for Easter Sunday on April 20th as we celebrate the risen Savior! HCC’s Good Friday service is a great opportunity to invite friends and family to worship with you!
- The next Digging Deep study starts on Friday, April 4th! Join Dawn Beaty, David Sanders, Jennifer Barnett, Beth Quinn, and Peter Buckland as they teach about leading at home and in the church. They will also be discussing how to face various crises and physiological issues. And how to respond can radically change others’ lives for the better. To learn more, visit the link below. <https://harpethcc.com/events/digging-deep-spring-study/2025-04-04>