

Principles for our Fasting and Prayer

Our Big Problems

The Posture of Faith

Hebrews 11:6 - And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.

We want to earnestly **Seek** God.

Matthew 6:16-18 - “When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. ¹⁷ But when you fast, put oil on your head and wash your face, ¹⁸ so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.

We want to make Fasting and Prayer between **Ourselves** and God.

Pursuing Solutions Practicality and with Faith

2 Chronicles 16:11- 13 - The events of Asa’s reign, from beginning to end, are written in the book of the kings of Judah and Israel. ¹² In the thirty-ninth year of his reign Asa was afflicted with a disease in his feet. Though his disease was severe, even in his illness he did not seek help from the LORD, but only from the physicians. ¹³ Then in the forty-first year of his reign Asa died and rested with his ancestors.

We want to be both practical and **Seek Help** from the Lord.

The Decision we Must Make

Matthew 21:18-22 - Early in the morning, as Jesus was on his way back to the city, he was hungry.¹⁹ Seeing a fig tree by the road, he went up to it but found nothing on it except leaves. Then he said to it, “May you never bear fruit again!” Immediately the tree withered. ²⁰ When the disciples saw this, they were amazed. “How did the fig tree wither so quickly?” they asked. ²¹ Jesus replied, “Truly I tell you, if you have faith and do not doubt, not only can you do what was done to the fig tree, but also you can say to this mountain, ‘Go, throw yourself into the sea,’ and it will be done. ²² If you believe, you will receive whatever you ask for in prayer.”

We want to choose **Bold** Faith.

Two Kinds of Results We Can Experience

Esther 4: 16 - “Go, gather together all the Jews who are in Susa, and fast for me. Do not eat or drink for three days, night or day. I and my attendants will fast as you do. When this is done, I will go to the king, even though it is against the law. And if I perish, I perish.”

Habakkuk 4:17-18 Though the fig tree does not bud and there are no grapes on the vines, though the olive crop fails and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, ¹⁸ yet I will rejoice in the LORD, I will be joyful in God my Savior.

